

Gump·tion

BUFFET BREAKFAST

Available between 6am & 10am

Full Cooked Buffet Breakfast

36

Includes all items below

Pancakes	French toast	Grilled Tomato	Mushrooms
Bacon	Pork Sausage	Beef Sausage	Hash browns
Boiled eggs	Scrambled eggs	Baked beans	

Continental Buffet Breakfast

28

Choose from

Bakery

Crumpets	Selection of Danish	Croissant	English Muffins
Bagels	White Bread	Grain Bread	Fruit Loaf

Cereals

Granola	Cornflakes	Sultana Bran	Weetbix
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Cold Counter

Cheese selection	Meat selection	Natural Yoghurt	Berry Yoghurt
Seasonal fruit salad	Berry Shooters	Chia Seed Pudding	

Hot & Cold Drinks

Coffee	Tea (Harney & Sons)	Orange Juice	Apple Juice
Iced Tea	Fruit infused Water		

Barista Coffee *(Additional Charge)*

	Regular	Large
Short Black / Long Black / Americano	5	-
Short Macchiato / Long Macchiato	5.5	-
Cappuccino / Flat White	6	6.5
Latte	-	6.5
Mochaccino	6	6.5
Hot Chocolate	6	6.5
Chai Latte	6	6.5

Coffee Additions

Alternative Milk – Oat, Soy, Almond & Coconut	1
Coffee Syrup – Caramel, Vanilla & Hazelnut	1
Extra Shot	1

Gump·tion

À LA CARTE BREAKFAST

Available between 6am & 11am

Fruit Bowl	(gf, vg)	20
A selection of seasonal fruits with coconut yoghurt		
Fluffy Pancakes or French Toast		26
Served with grilled banana, crispy bacon and maple syrup		
Full Gumption	(gf*)	30
Two eggs the way you like, bacon, tomato, sausages, mushrooms, hash brown, toasted white bread and baked beans		
Two Eggs the Way You Like	(gf*)	19
Served with grilled tomato on toasted country grain bread		
Vegan Bircher Muesli	(vg)	19
Served on coconut yoghurt with oat milk, berries & fruit		
English Porridge	(v, low GI)	20
Traditional style porridge, cooked in low fat milk with blueberries & cinnamon		
Creamy Mushrooms on Toast	(v, vg*, gf*)	22
Mushrooms cooked in a light cream sauce served on grilled country grain bread with roquette		
Three Egg Omelette	(gf*)	20
Served with toasted country grain bread. Choose three fillings: ham, cheese, mushroom, onion, tomato, spinach		
Eggs Benedict	(gf*)	26
two poached eggs served on English muffin with hollandaise sauce. Choice of the following: shaved ham, smoked salmon or spinach & mushroom		

Barista Coffee	Regular	Large	Additional Sides	
Short Black / Long Black / Americano	5	-	Crispy bacon	9
Short Macchiato / Long Macchiato	5.5	-	Sausage	9
Cappuccino / Flat White	6	6.5	Two fried, size 7 free-range eggs	9
Latte	-	6.5	Grilled tomato	6
Mochaccino	6	6.5	Creamy mushrooms	9
Hot Chocolate	6	6.5	Toast (<i>white, country grain, rye</i>)	5
Chai Latte	6	6.5	Fruit cup	9
Coffee Additions			Two hash browns	8
Alternative Milk – Oat, Soy, Almond & Coconut		1		
Coffee Syrup – Caramel, Vanilla & Hazelnut		1		
Extra Shot		1		