



STORYTELLERS ECO CYCLE TOURS

Rarotonga

Storytellers Eco Cycle Tours offer a unique, family-friendly adventure designed for guests aged two years and over. Enjoy leisurely bike rides through the hidden backroads of Rarotonga, these experiences offer a variety of tour options to explore the island's natural beauty and cultural richness in an engaging and meaningful way.

Each tour is designed to be interactive and educational, providing not only a chance to learn about the history, customs, and values of the Cook Islands people, but also an opportunity to share in the richness of their stories, traditions, and connection to the land. Led by passionate and knowledgeable local guides, the tours move away from typical tourist routes and into areas of true cultural and historical significance.

Throughout the journey, stories are brought to life to highlight the deep cultural heritage of the islands, illustrating how the bond between people and land has shaped identity, community, and sustainability. Guests will gain insight into traditional knowledge systems, local legends, and the Cook Islanders' strong respect for the natural environment—an ethos woven into the very fabric of everyday life.

As you explore local plantations and untouched landscapes, you'll be introduced to a wide array of native flora and fauna, including their traditional uses in medicine, food, and cultural practices. The scenic routes also provide plenty of opportunities to soak in panoramic views of Rarotonga's lush terrain and tranquil surroundings, so be sure to bring a camera to capture these unforgettable moments.

Storytellers Eco Cycle Tours are more than just a ride—they are a journey through time, tradition, and nature, curated to leave you with a deeper appreciation for Rarotonga and its people. With every pedal and every step, you'll be creating memories that last well beyond your time on the island.



TOURS DETAILS

INCLUSIONS	TOUR DURATION & OPERATING DAYS	WHAT TO BRING
<ul style="list-style-type: none"> - RETURN TRANSFERS - AVANTI MOUNTAIN BIKES & HELMETS - BICYCLE TOUR - PICNIC LUNCH 	<p>"DISCOVER" BICYCLE TOUR: 3 HOUR TOUR (EASY PHYSICAL DEMAND) MONDAY, WEDNESDAY & FRIDAY</p>	<p>BOTTLED WATER, SUNGLASSES, CAMERA, COMFORTABLE FOOTWEAR, AND INSECT REPELLENT</p>
<ul style="list-style-type: none"> - RETURN TRANSFERS - AVANTI MOUNTAIN BIKES & HELMETS - BICYCLE TOUR - PICNIC LUNCH - SWIM 	<p>"EXPLORE" BICYCLE TOUR: 4 HOUR TOUR (MODERATE PHYSICAL DEMAND) TUESDAY & THURSDAY</p>	<p>BOTTLED WATER, SUNGLASSES, CAMERA, COMFORTABLE FOOTWEAR, SWIMWEAR WORN UNDER CLOTHING, TOWEL AND INSECT REPELLENT</p>
<ul style="list-style-type: none"> - RETURN TRANSFERS - AVANTI MOUNTAIN BIKES & HELMETS - BICYCLE TOUR - LUNCH AT THE BEACH 	<p>"LAZY SUNDAY" BICYCLE TOUR: 2.5 HOUR TOUR SUNDAY</p>	<p>BOTTLED WATER, SUNGLASSES, CAMERA, COMFORTABLE FOOTWEAR, AND INSECT REPELLENT</p>